



If You're Going to Give an Apple to the Teacher, Know Your Apple Facts!

- 2,500 varieties of apples are grown in the United States.
- Apples are grown commercially in 36 states.
- Apples are grown in all 50 states.
- The crabapple is the only apple native to North America.
- Apples come in all shades of reds, greens, and yellows.
- The pilgrims planted the first United States apple trees in the Massachusetts Bay Colony.
- Papples are a great source of the fiber pectin. One apple has five grams of fiber.
- Apple trees take four to five years to produce their first fruit.
- The Lady or Api apple is one of the oldest varieties in existence.
- Apples ripen six to ten times faster at room temperature than if they were refrigerated.
- lt takes about 36 apples to create one gallon of apple cider.
- The top apple producing states are Washington, New York, Michigan, Pennsylvania, California and Virginia.
- Almost one out of every four apples harvested in the United States is exported.
- National Apple Month is the only national, generic apple promotion conducted in the United States. Originally founded in 1904 as National Apple Week, it was expanded in 1996 to a three-month promotional window from September through November.
- On August 21, 2007 the GoldRush apple was designated as the official Illinois state fruit. GoldRush is a sweet-tart yellow apple with a long shelf life.
- Apples are also the state fruits of Minnesota, New York, Vermont, Washington and West Virginia.